**ERASMUS+** 

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Project title: "Let's remove bullying and promote kindness to one another!" Project number:2020-1-UK01-KA229- 078813\_4,









During the period 13-17.03. 2023, Zvoristea Secondary School was the host of the third mobility of the Erasmus + project, entitled "Let's remove bullying and promote kindness to one another", with the number 2020-1-UK01-KA229 -078813\_4. The cooperation project for innovation and exchange of best practices, aimed at students and parents, intends to make students responsible users of the Internet and social networks, reduce the incidence of cyberbullying and help parents with guidance to monitor their children's online activity.









The meeting entitled "How do I spend my time online?", which was attended by students and teachers from Great Britain, Spain and Poland, was an opportunity to develop personal skills through multilingual communication, intercultural dialogue, active involvement in various and creative activities.

Knowing the Romanian education system, historical and cultural values, local traditions and customs was possible from the very first day by visiting the school, discussions with teachers and students, cultural-artistic activities, visiting the tourist attractions of Suceava.

















During the following days, students and teachers from the four countries had the opportunity to interact, communicate in English, share their experience, getting involved in various school and extracurricular activities, which consisted of workshops, meetings with parents, cultural visits.





During the workshops, the students participated in icebreaking activities related to how they spend their time online, they were informed about the educational role of social networks, the safe use of the Internet, ways to prevent and act in the case of aggressive behavior online, they received recommendations about the sites they can access and that provide information and support to students and parents in cyberbullying situations.

Also, the students created and presented thematic materials regarding the advantages of using social networks, emphasizing their educational role, but also the negative effects of their use. The students had the opportunity to develop their intercultural skills, proving involvement, linguistic, social and artistic skills.



In the workshop with parents we discussed the safe and responsible use of the Internet, the web content filtering and parental control programs that they can access and install.

Teachers from the participating countries supported the students during the activities and consulted on the methods used to monitor the students' online activity. The online platform that was created by teachers from the countries involved in the project for reporting cases of bullying was also presented.







The materials created by students and teachers during this mobility will be found in the online Safety Guide, addressed to students and parents and which constitutes the final product of the project.











The thematic visits to the cities of Brașov, Sinaia, Bran, Peleș and Bran castles, which are reference points of European culture, offered teachers and students the opportunity to experience cultural diversity and learn about Romanian history and culture.







The project meeting ended with the presentation of a video material related to the activities carried out and the handing out of certificates of participation in the activities. This school exchange contributed to strengthening the European dimension of the school by encouraging foreign language learning, promoting interculturality, diversity and innovation in teaching methods and information techniques.