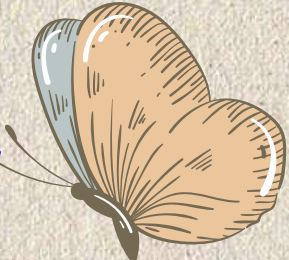
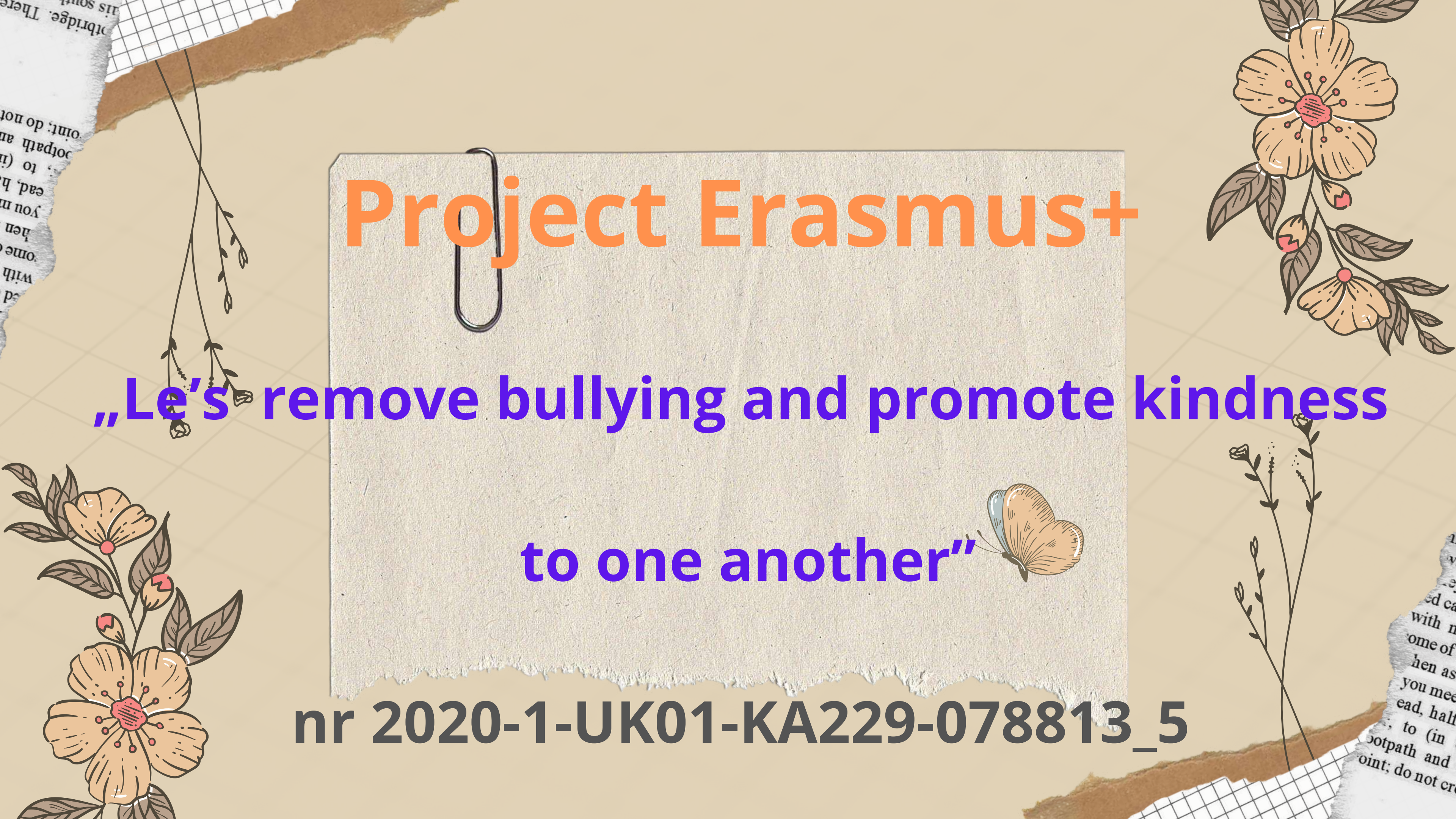




Project Erasmus+

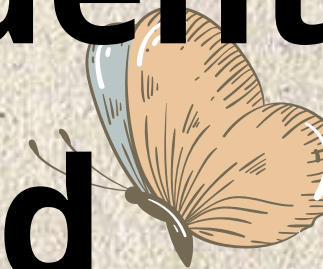
„Let's remove bullying and promote kindness
to one another” 

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Project Summary

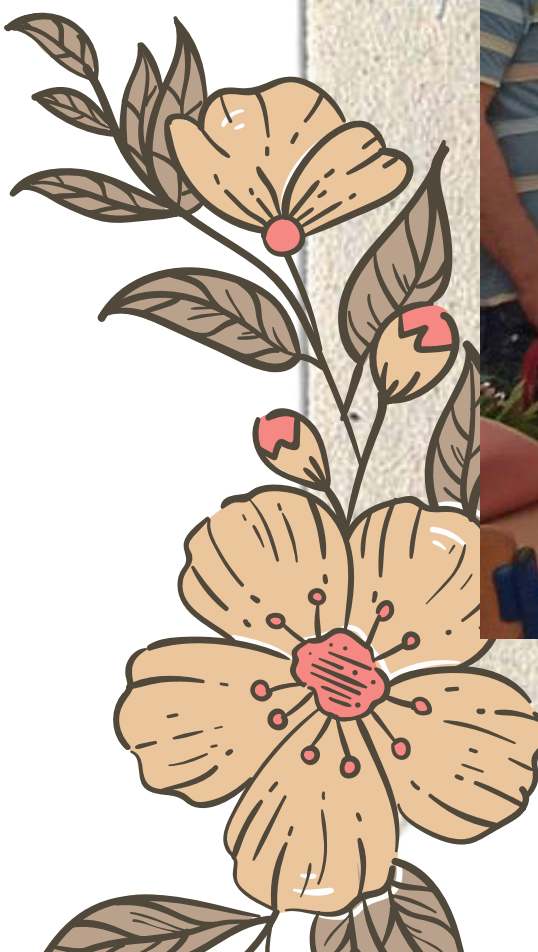
- meeting with students
and parents of students
who participated
in the Project Erasmus+





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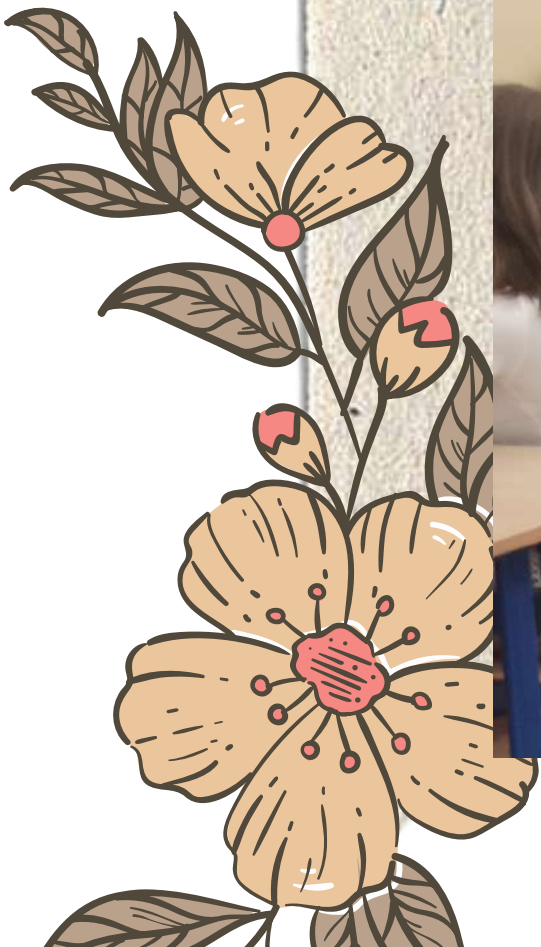
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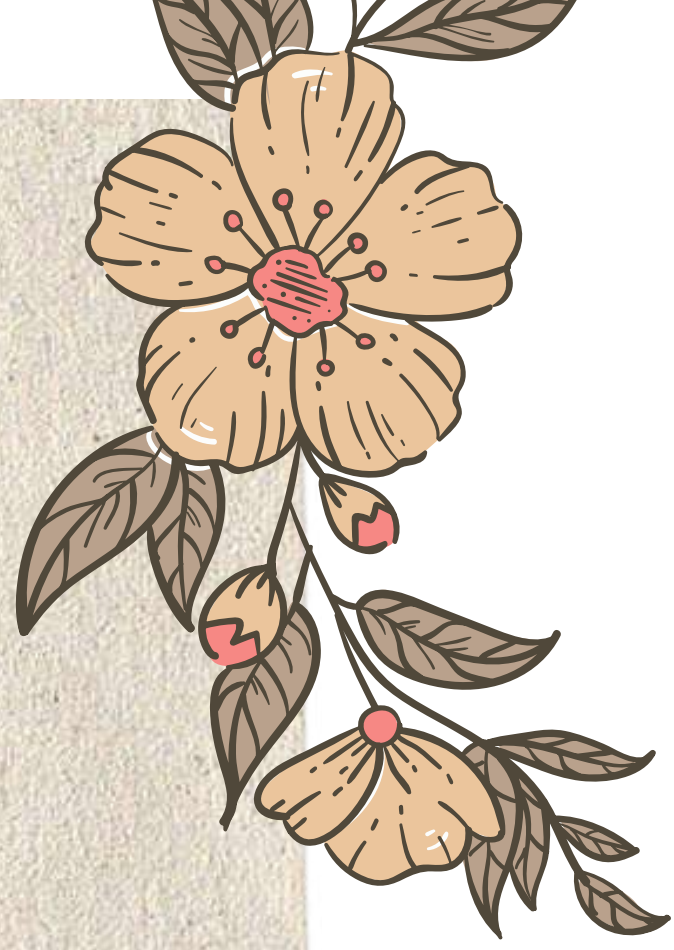
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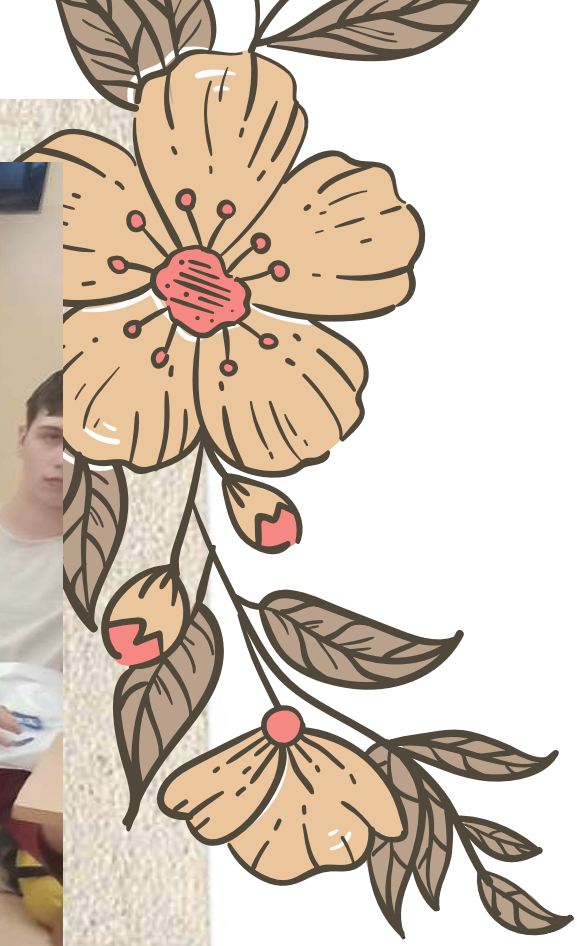
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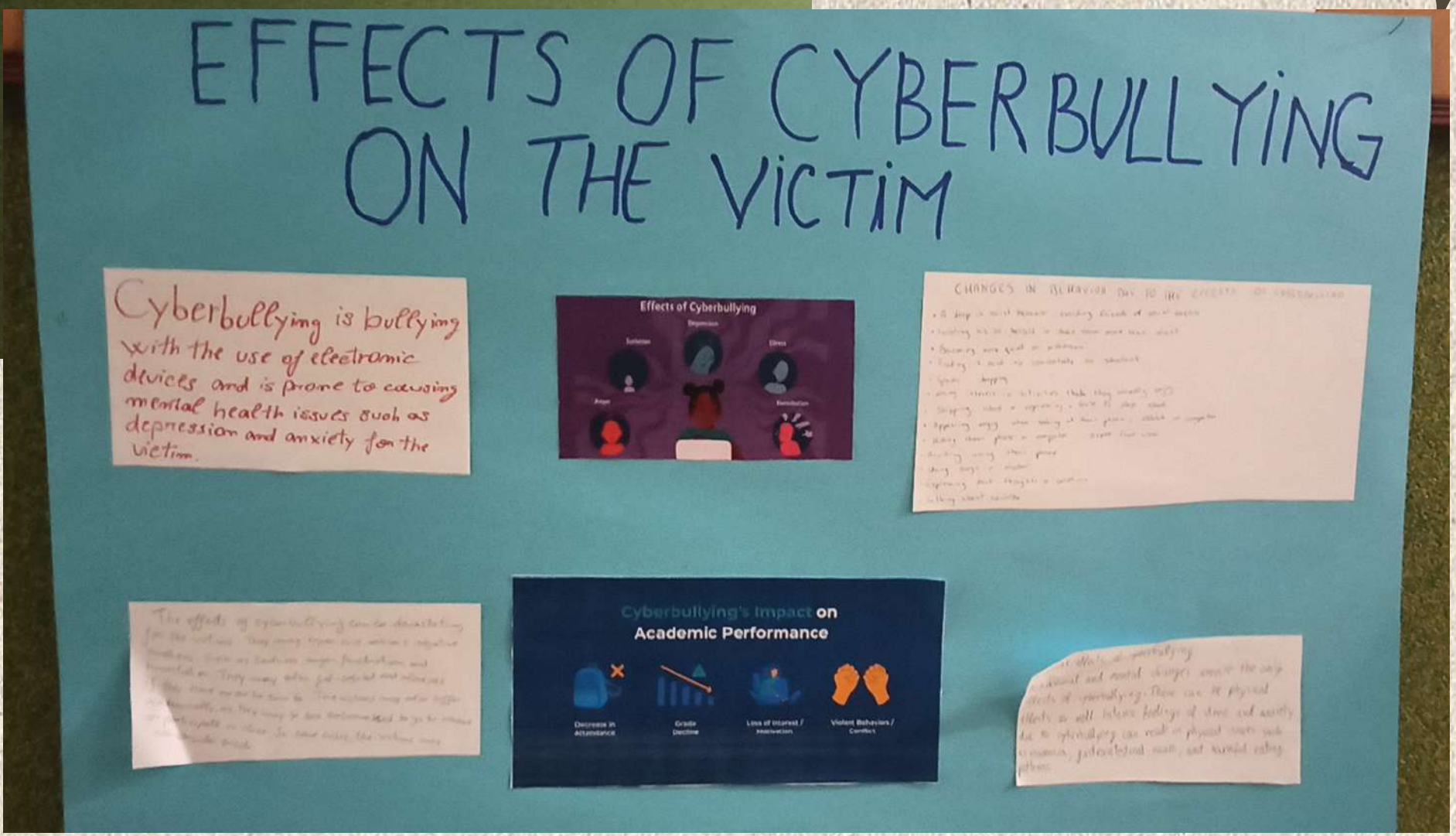
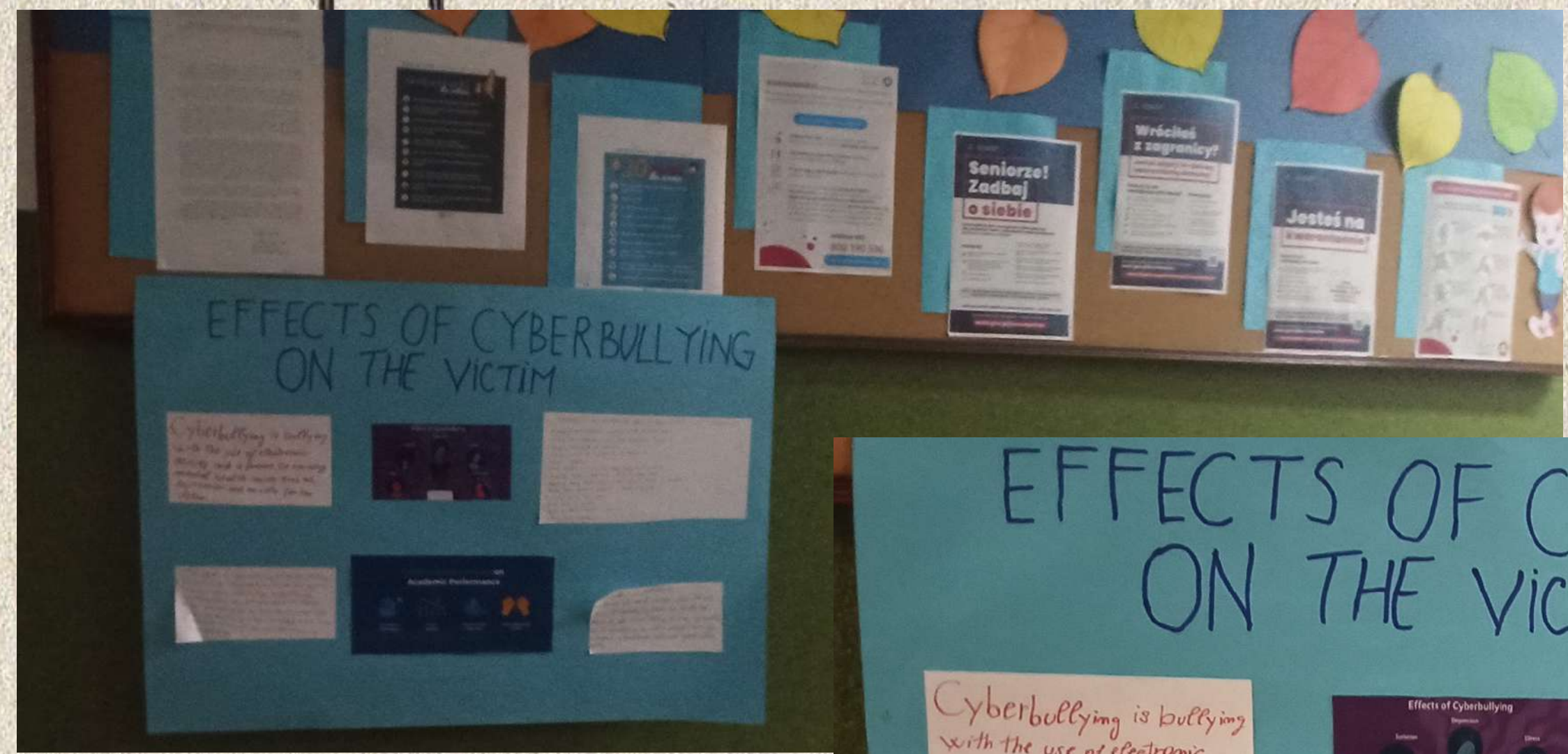
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CAUSES OF CYBERBULLYING

What contributes to the development of cyberbullying?




Perpetrators have a greater sense of freedom and impunity than before, and consider access to the internet makes it possible to undertake undesirable behavior. They know they can be "friends", but they also know that freedom can be used to deal with individual bullying incidents.

Who is most likely victim of Cyberbullying?

NO Student is completely safe from bullying whether on school or online. They often don't pick out anything about them that makes them different and use that to isolate, abuse or bully them.

What are the symptoms of cyberbullying?

- Because of being teased
- Sudden withdrawal from social media
- Reluctance to participate
- Emotional changes
- Over-Responsiveness to Communication
- Trouble sleeping at night



ERASMUS+



Let's create bullying and promote kindness to our world!
01.09.2020-11.08.2023

Erasmus+
European Union
Erasmus+ Programme for Education, Youth and Sports
Erasmus+ 2021-2027

ZESPÓŁ SZKÓŁ PRZEDSZKOLNYCH NR 1
11-200 PRZ, UL. LIPOWA 15
POLAND


EFFECTS OF CYBERBULLYING

ON THE PERPETRATOR

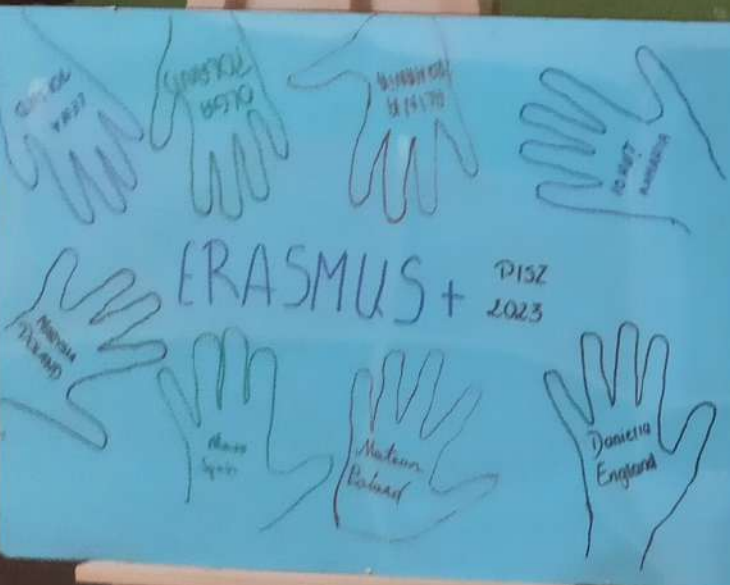
ON THE VICTIMS

Consequences of Cyberbullying for the Perpetrator

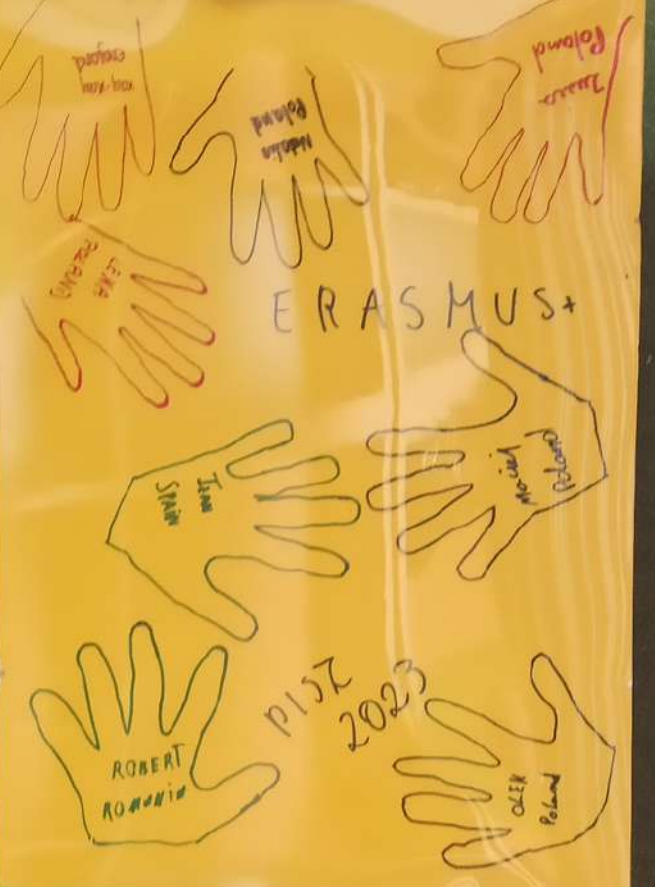
Consequences of Bullying



ERASMUS+ 2023



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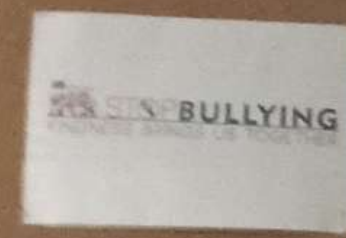
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ERASMUS+



„Let's remove bullying and promote kindness to one another.“
01.09.2020-31.08.2023



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Erasmus+ Poland
ul. Piłsudskiego 10
01-650 Warszawa

CAUSES OF CYBERBULLYING

Handwritten notes and drawings on the 'CAUSES OF CYBERBULLYING' page. Includes terms like 'LOSER', 'FOMO', 'LAME', 'STUPID', 'MATE', 'FAT', 'UGLY', and 'JULY'. There are several sticky notes with text and small illustrations of people and devices.

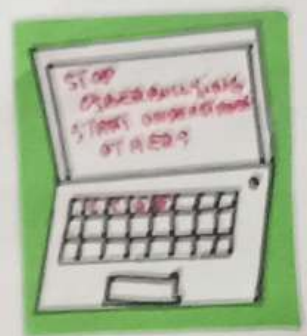
EFFECTS OF CYBERBULLYING

Handwritten notes on the 'EFFECTS OF CYBERBULLYING' page, divided into two columns: 'ON THE PERPETRATOR' and 'ON THE VICTIMS'. Includes a drawing of a person with a sad face and a smartphone.

Consequences of Cyberbullying for the Perpetrator

Handwritten notes on the 'Consequences of Cyberbullying for the Perpetrator' page. Includes a drawing of a person with a sad face and a smartphone, and a small diagram showing a cycle of behavior.

CAUSES OF CYBERBULLYING



Who is the most likely victim of cyberbullying?
 Cyberbullying is harassing, ridiculing, threatening or harming someone online for example via social media, messengers or e-mail. Victims of cyberbullying are most often children and adolescents, although it can affect each of us.

LOSER



What is the cause of cyberbullying?
 - Insecurity and a sense of rivalry make the respondent react to aggression towards others.
 - It is inevitable that we do not use our emotions and Mitosda online. In this, it is not a clear reason for arguments, but it can cause misunderstandings and, as a consequence, quarrels and nicknames.

WTF!



What are the symptoms of cyberbullying?
 1. Emotional distress: The person may exhibit signs of increased anxiety, sadness, depression, or anger.
 2. Social withdrawal: The individual may start missing social activities or stopping interactions with friends and family members.
 3. Change in sleep patterns: Cyberbullying can disrupt a person's sleep, leading to insomnia, sleeplessness, or irregular sleep patterns.

Cyberbullying:
 Use use of violence by stalking, harassing, ridiculing and people using the internet and electronic tools such as: SMS, e-mail, messengers, discussion forums in the internet, social networking sites and more.

UGLY

LAKE

STUPID

IDIOT!

GONTEIRA LENA
 IGHAUT MATEUSZ
 BLUBB ANASTASIA
 OLGA
 ALVARO

JESIA
 PARI
 TYAN
 PATRYK
 KAROL
 SIENIA

EFFECTS ON THE PERPETRATOR

[Faded text in a decorative frame, likely describing the effects on the perpetrator]



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Consequences of Cyberbullying for the Perpetrator

Consequences of Bullying

On Bullies

- Become reinforced in not taking responsibility for behaviors
- Reinforced in not taking alternative perspectives or exercising empathy
- Higher likelihood of underachievement in academic setting.
- More likely to have difficulty in relationships across a life time
- More likely to become abusive spouses or parents
- More likely to engage in criminal activities as adults.

Perpetrators are people who actively seek to exploit weaknesses in technology for illegal reasons. Cyberbullying is mainly penalised with fines but some cyberbullies might be sent to prison for a while. If teenagers of school pupils are perpetrators or are involved with them, they could be expelled from school.



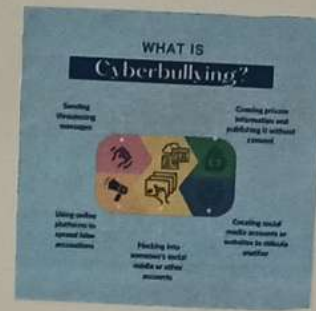
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EFFECTS OF CYBERBULLYING

ON THE PERPETRATOR

Cyberbullying can have several consequences for the perpetrator, both in the short term and long term. Here are some potential consequences:

1. Legal repercussions: Cyberbullying can be illegal in many jurisdictions, and perpetrators may face legal consequences for their actions. Depending on the severity and nature of the cyberbullying, individuals can be charged with various offenses, such as harassment, stalking, defamation, or even hate crimes.
2. Damage to reputation: Engaging in cyberbullying can severely damage the perpetrator's reputation. As information spreads quickly online, their actions can become public knowledge, leading to negative perceptions from friends, family, colleagues, and the wider community.
3. Emotional and psychological impact: Perpetrators of cyberbullying may experience negative emotional and psychological consequences. These emotions can have a significant impact on their mental well-being, potentially leading to increased stress, anxiety, and even depression.
4. Loss of relationships: Engaging in cyberbullying can strain relationships and lead to the loss of friendships, romantic partnerships, or even familial connections. People may distance themselves from the perpetrator once they become aware of their harmful behavior, resulting in social isolation and a loss of support networks.

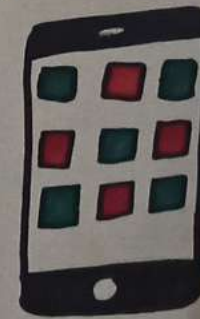


ON THE VICTIMS

Changes in behavior due to the effects of cyberbullying

The changes might not be readily apparent at first, but as time goes on, you may notice one or more of the following behavioral changes that can be strong indicators of cyberbullying.

- A drop in social behavior — avoiding friends or social events
- Isolating his or herself in their room more than usual
- Becoming more quiet or withdrawn
- Finding it hard to concentrate on schoolwork
- Grades dropping
- Losing interest in activities that they normally enjoy
- Skipping school or expressing a desire to skip school
- Appearing angry when looking at their phone, tablet, or computer
- Hiding their phone or computer screen from view
- Avoiding using their phone
- Using drugs or alcohol
- Expressing dark thoughts or emotions
- Talking about suicide



- JESÚS .ISRAEL
- PATRI
- TYMON
- PATRYK

• ILIQ LENA
• UT MATEUSZ
• A MARYSIA

Consequences of Bullying

Consequences of Bullying

On Bullies

- Become reinforced in not taking responsibility for behavior
- Reinforced in not taking alternative perspectives or exercising empathy
- Higher likelihood of underachievement in academic settings
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